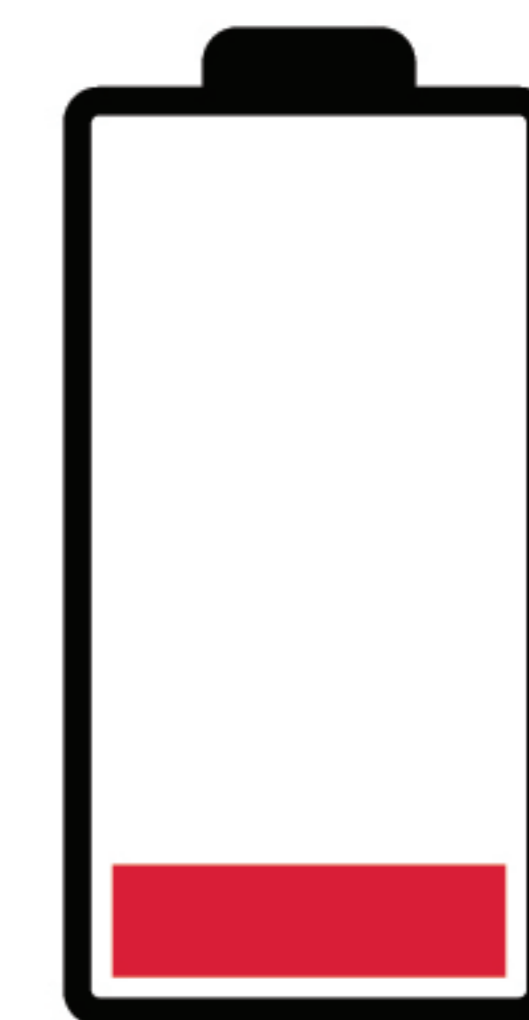


ASSESSING PHYSICIAN BURNOUT



With heavy patient loads, long work hours, administrative demands and the stressful nature of clinical work, **PHYSICIANS** are experiencing **BURNOUT** in epidemic proportions.

\$4.6B

PROJECTED COST OF PHYSICIAN BURNOUT PER YEAR
due to turnover and lost productivity.

40%

ESTIMATED BURNOUT RATE
for physicians in the US.

Physicians are at a significantly increased risk of burnout compared to the general workforce.

THE TRUE COST

PHYSICIAN SUICIDE RATE IS 44% HIGHER
than expected in the general population.

TWICE THE ODDS OF PATIENT SAFETY INCIDENTS
are associated with burnout, causing lower professionalism and lower patient-reported satisfaction, self-reported medical errors, and physician perceptions of lower quality of care.

COVID-19



Reports from the international community indicate that healthcare workers can suffer from **depression, anxiety, insomnia, and trauma** as direct consequences of contending with the COVID-19 pandemic, highlighting the increased need for burnout prevention.



2/3 of Facilities



had a peer-led support program to promote a culture of well-being.

COMMON INITIATIVES TO PROMOTE PHYSICIAN WELL-BEING

- 1 Written code of conduct and process to address code infractions
- 2 Formal physician onboarding process
- 3 Formal process/system of two-way communication between physicians and administration
- 4 Social networking and family events
- 5 Physician leadership training

One of the most effective ways to engage physicians in self-care is through **establishing a culture of support through peer relationships.**

